

FitzRoy
transforming lives

Help us make
friendship
and love
possible





Volunteer to change your life, and the lives of people with disabilities, at FitzRoy Love4Life, a membership group for people with disabilities, providing a vital service to help to reduce loneliness for vulnerable people. We are based in Fareham but hold events in Portsmouth, Southampton, Eastleigh and Waterlooville.

Our members regularly get together for fun events, and as a volunteer you can join in the fun. You could be supporting people at social events and chaperoning dates. Events include bowling trips, discos, meals out, quiz nights, theatre and cinema trips, games nights, and more.

If you are sociable, good at communicating, like taking responsibility, and love having fun this opportunity could be for you. Whether you have a couple of hours a week, a month or just occasionally to spare, we'd love to hear from you!

We will support and train you, and make sure you are confident

volunteering with people with different disabilities. Many of our volunteers love it so much they have chosen a change of career and started working with people with disabilities.

**We look forward to hearing from you,
Hayley Ostler
Love4Life Co-Ordinator**

I love FitzRoy Love4Life, it feels amazing to help make possible what can sometimes feel impossible for someone who is vulnerable.

Will Noland, Volunteer

Contact us now

www.fitzroy.org

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