

Audrey is a local legend!

Audrey moved into our Linden Cottage care home in East Sussex at the beginning of lockdown. Despite being such a difficult time to move, Audrey settled in straight away with service manager, Dean, saying she had 'brought nothing but energy and joy to our home'.



Audrey decided that she wanted to walk 10 miles for the FitzRoy fun day to raise money to convert an unused garden building into an entertainment centre for residents.

After staff posted about the challenge on the local Facebook group, they were overwhelmed with support from the community. Lots of people turned up to cheer Audrey on, including the Mayoress of Uckfield, Jackie Love, who said:

“ Audrey is an amazing person; she didn't falter once with her pace, she just kept going. She's made of grit, determination and happiness and we are all so proud of her. Linden Cottage has an amazing, caring team standing strong next to Audrey. ”

Jackie later visited the Cottage to present Audrey with a medal and the local police visited Audrey to present a donation and congratulate her in person.

Service manager Dean said: "I am incredibly proud of Audrey and her achievement, she was happy to just do the walk, but was so excited to see that people had donated towards her challenge. The support from our local community is absolutely incredible."

Transforming Lives with Technology

Keith is the life and soul of our Boldshaves East care home in Kent and likes to keep busy and be involved in as many activities as possible.



He has recently started working in the office on Fridays to help with filing and shredding. Despite being very sociable, until recently Keith had a big challenge when communicating with people he didn't know well. He would get very frustrated as new people would struggle to understand him and kept asking him to repeat himself. In one of many examples of assistive technology opening up the world and increasing independence for the people we support, Keith has started using the Voice iTT app. This voice recognition

software helps people with unclear speech to be understood more easily by the people around them. You record words and phrases so the app recognises your voice, then you can use it to do anything from saying 'hello' to ordering food at a restaurant.

Deputy Manager, Michael explained:

“ We started using the Voice iTT app with Keith and he took to it so quickly. I was concerned about whether he would enjoy it because it can be a bit repetitive; you have to record phrases quite a few times, but he's been brilliant. ”

Michael added:

“ We have been working on phrases about what he likes to eat and drink and what he enjoys doing, so he can go out and order his own meal. ”

Our assistive technology programme is funded by donations so thank you to everyone who supports us by donating and fundraising as we really couldn't do it without you.

Follow the yellow brick road!



Last year we brought you our first ever virtual carol concert; this year we will be bringing you a special premiere of **The Wizard of Oz pantomime performed by Love4Life members**. The screening will include interviews with the stars and highlights from the show. Save the date for **Thursday 16 December** and watch the premiere live with us on our You Tube channel www.youtube.com/c/FitzRoyUK or catch up later at your leisure.

We are recruiting

We are always on the lookout for motivated, caring and friendly people to join Team FitzRoy. If you are brave, creative and see the person, we can offer you all the training you need to become an excellent support worker. Whether you are looking to gain skills and experience or you are after a new challenge, find out more at www.fitzroy.org/work-for-us



Thank you to our incredible staff

On 17 September, we held our first ever staff thank you day. Our staff have experienced such difficult challenges over the past year and a half, working tirelessly and bravely to ensure the people we support are safe. It felt only right to recognise and honour everything they have done with a special day just for them.

Each service celebrated in their own way from coffee mornings and lunches to street parties, bouncy castles and more!

Trustees, regional managers, and staff from our central support office travelled to different services around the country to hand deliver special certificates and awards.



We were also so touched by the messages of thanks and support that flooded in from families of people we support. This goodwill means the world to us.

“ Thank you to the team at Brierwood in Denmead for looking after my daughter Tina. She is so well cared for by the professional and compassionate staff, I could not wish for anything more. Tina is so happy there. Thank you. ” Janet

“ I wish I could bottle the happiness I felt when I was able to hug my Angie again, who has lived at Dalvington in Malvern for around 30 years. Her family cannot possibly thank all the staff there enough. You are all stars! ” Audrey



“ We can't thank the amazing team at Arun Dale enough. They always go the extra mile to ensure Cathryn is safe and well looked after. We can only imagine how difficult it must have been for everyone through lockdown and we are very grateful for everyone's efforts and devotion. ” Debbie, Heather and Chris



Donation Form

Help us transform lives. Your donation, large or small, will support someone with a learning disability to live more independently.

Thank you.

Your details

FN1021

Title: First name:

Surname:

Full home address:

Postcode:

GIFT AID I confirm that I would like all my donations, past, present and future, to FitzRoy to be treated as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Make a donation

FN0221

Visit www.fitzroy.org/donate to make a credit or debit card donation, or [send a cheque payable to FitzRoy Support](#) and send it with this form to FREEPOST RLTB-UUSU-LCKT, FitzRoy House, 8 Hylton Road, Petersfield, GU32 3JY.
Text donations up to £20: text **FitzRoy** followed by the amount to **70480**.

Become a Friend of FitzRoy

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To join Friends of FitzRoy, visit www.fitzroy.org/donate to set up a direct debit or complete the form below and return it to us to set up a standing order.

To the Manager of: (Name of your bank/building society)

Address of your bank/building society:

Sort code: - - Account number:

Account name:

I would like to set up a standing order for the monthly sum of:

£3 £6 £10 Other £

Commencing on / and on the same date each month thereafter until further notice.

Signed: Date: / /

Please pay to: FitzRoy Support, National Westminster Bank, Farnham.

Sort code: 60-10-14 Account number: 58510540

Bank reference only:

Thank you

We are constantly humbled by the amazing support we have received from our supporters, local businesses, communities and the people we support and their families. These have been the most challenging times we have ever experienced, and we have needed our friends and our supporters around us. And you have been there in a million different ways. Thank you. From helping us to buy tablets that help someone connect with their loved ones and the oximeters and infrared thermometers that helped us save lives, to our Love4Life friendship and dating project that proves that everyone can find love, every penny raised or donated made a difference and helped us transform lives.

Thank you.

Together, we are FitzRoy.

Keeping in touch

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To find out more about how we use your personal data read our privacy policy www.fitzroy.org/legal

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ACE!
thank you
YOU'RE THE BEST!

thank you very much

