

FitzRoy 60 years of transforming lives



60 years since we were founded by brave parents as a pioneering alternative to institutional care, we have supported thousands of people with learning disabilities and autism to live the life they choose.



Phillipa has been supported by FitzRoy for 60 years.

Our founders changed the face of social care to such a degree that it is hard now to imagine the uphill battle they faced in those early days. Elizabeth FitzRoy was horrified to be told that her young son Michael, who had Down's Syndrome, would fare better in an institution.

Co-founder John Williams described the lack of choices available to his son, saying how he and his wife "looked to Huw's future and saw emptiness ahead."

When they floated the idea of small family-like homes, they received a lot of criticism. Indeed, when they opened the first of these homes, Donec in Surrey, one director of social services is quoted as saying: "they'll be bankrupt in six months." Not only does Donec continue to thrive, but we now support more than 700 people with learning disabilities in 82 homes and services across the country.

It would have meant the world to our founders to know that Philippa, who was one of the first children to move into Donec at six years old, recently celebrated her 65th birthday there. Philippa's sister Caroline said: "Donec has always been a very happy home to Philippa, thanks to the love and dedication of the staff."

In our 60th year, we are asking our supporters to help us to raise £60,000 for our Above and Beyond Fund. Whether it's being able to make your own cup of tea or going on a once-in-a-lifetime trip, we want to ensure that whatever challenges we face – from global pandemics to economic crises – we will always keep providing what our founders described as "all the little things that matter."

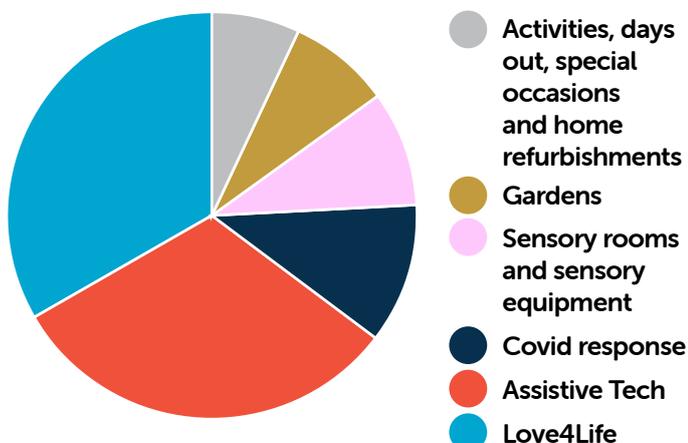
How you made a difference in 2021

The chart below shows how we spent your donations last year. Whether it's making home improvements, technology that enables someone to be more independent, or being supported on that all-important first date, it's your support that enables people to live the life they choose on their own terms. Thank you.



Your support means we're able to invest in technology, which makes a huge difference to the people we support.

Seeing the joy the Magic Table interactive projector has brought to Annie-Lou shows they are worth every penny.



The dreams you dare to dream really do come true

Last December our Love4Life members put on a spectacular rendition of *The Wizard of Oz*.

Love4Life manager Hayley said "A production like this allows Love4Life members to discover new skills, interact with each other in new ways and to bond and create new relationships, which is what Love4Life is all about!"

Some of the cast had performed in our previous productions, but most were completely new to performing, so it was incredible to watch as week by week they grew in confidence.

Grace, who played Dorothy, said: "I would be bored and lonely without Love4Life. I have made lots of friends and it builds up my confidence. I have always wanted to play Dorothy."



You can watch interviews with the cast, behind-the-scenes footage and highlights from rehearsals and the performance on our YouTube channel, visit www.youtube.com/c/FitzRoyUK



**Sign up for our
Around FitzRoy in
80 days challenge.
In 2020 we went
around the world.
This year, to
celebrate our 60th
year, we are going
around FitzRoy!**



**Everyone can get involved – supporters, staff, friends,
family and of course the people we support.**

**You can do the miles your way – from dog walking to
kayaking and everything in between.**

The 80-day challenge kicks off on 27 April, and you can join at any time and do as much or as little as you choose, whatever suits your abilities or fitness levels.

As we virtually travel the country from our first service Donec Mews, to Manchester to Norfolk and back, we'll be sharing some of their inspirational stories all while raising much-needed funds to keep our vital work going long into the future.

**Find out more and sign up – go to
www.fitzroy.org/aroundFitzRoy**

The impact of coronavirus

We are still getting covid outbreaks across FitzRoy, and with numbers rising in the community, we expect to see more of that.

More than **95%** of the people we support and our staff are vaccinated and thankfully, we aren't seeing many people getting very ill, but we remain on high alert. Our staff are still wearing PPE and testing every day and isolating when required to make sure we are doing everything we can do keep covid out of our services.

Our staff have been incredible, but your support and goodwill throughout this whole challenging time mean everything to us. Thank you. It is absolutely wonderful to be able to get out and about with the people we support, supporting them to do the things they love again.



Donation Form

Help us transform lives. Your donation, large or small, will support someone with a learning disability to live more independently.

Thank you.



Your details

FN0422

Title: First name:

Surname:

Full home address:

Postcode:

GIFT AID I confirm that I would like all my donations, past, present and future, to FitzRoy to be treated as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Make a donation

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Visit www.fitzroy.org/donate to make a credit or debit card donation, or [send a cheque payable to FitzRoy Support](#) and send it with this form to FREEPOST RLTB-UUSU-LCKT, FitzRoy House, 8 Hylton Road, Petersfield, GU32 3JY.
Text donations up to £20: text **FitzRoy** followed by the amount to **70480**.

Become a Friend of FitzRoy

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To join Friends of FitzRoy, visit www.fitzroy.org/donate to set up a direct debit or complete the form below and return it to us to set up a standing order.

To the Manager of: (Name of your bank/building society)

Address of your bank/building society:

Sort code: - - Account number:

Account name:

I would like to set up a standing order for the monthly sum of:

£3 £6 £10 Other £

Commencing on / and on the same date each month thereafter until further notice.

Signed: Date: / /

Please pay to: FitzRoy Support, National Westminster Bank, Farnham.

Sort code: 60-10-14 Account number: 58510540

Bank reference only:



Abseil for FitzRoy!

If you're looking for a more adventurous way to support us in our anniversary year, we've got just the ticket!

On 18 June, you can experience the amazing adrenaline rush of the 100-metre descent down the side of the Spinnaker Tower in Portsmouth.

Visit www.fitzroy.org/events to find out more.

Keeping in touch

You can stop receiving FitzRoy News or update your communication preferences at any time.

Contact fundraising@fitzroy.org or **01730 711 111**

To find out more about how we use your personal data read our privacy policy www.fitzroy.org/legal

Join the conversation



Call: 01730 711 111

Email: info@fitzroy.org

Web: www.fitzroy.org

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ACE!
thank you
YOU'RE THE BEST!

thank you very much

