

“ Before FitzRoy
I felt very alone.
Now I have support with
cleaning and shopping
I feel more confident

Jackie

There isn't enough room here to tell you about all the reasons the people we support, and their families, are glad they've found FitzRoy.

Please get in touch. We're here to help and answer all your questions.

Kimberley Cockram

Kimberley Cockram, Service Manager

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“ I feel
like I have
more freedom

Andrew

FitzRoy is a national charity that transforms the lives of people with disabilities, helping them to live more independently, at home and in the community. We listen to people, helping them make their own choices, as we believe disabilities shouldn't hold you back from doing the things you want to do.

Find a service

Call free 0808 168 4662

Email service.helpline@fitzroy.org

Visit www.fitzroy.org



FitzRoy
transforming lives

Home is
where your
heart is

FitzRoy, a national charity supporting people with learning disabilities, offers excellent support in your own home in Nottinghamshire so you can live as independently as possible.

FitzRoy Support at Home in Nottinghamshire

We provide tailored support for people with disabilities across the whole of Nottinghamshire, in your own home, and out in your community.

Support tailored to your needs

- ✔ Support to make friends and become part of your local community.
- ✔ The option to attend our FitzRoy coffee mornings once a month to build friendships.
- ✔ Travel training to help you use transport.
- ✔ Help to prepare and cook your own nutritious meals.
- ✔ Assistance in managing your home and maintaining your tenancy.

Why people choose FitzRoy

- ✔ Highly trained specialist staff in autism, mental health, and more.
- ✔ Our set staff team work alongside you to achieve personal goals and outcomes.
- ✔ We are committed to providing high-quality care and support.
- ✔ Independence and choice are central to everything we do.
- ✔ Our approach is flexible and we tailor the support you need, as you need it.
- ✔ We celebrate your success, and have an annual awards evening.

“ I can't express how grateful I am to FitzRoy and the very dedicated workers who support me in a practical, non-judgemental way. ”

Alice



Our promise to you
We will remain in your life for as long as you need us, and will support you to be as independent as possible.

